

The Identity Mapping Process

From

The Field Guide

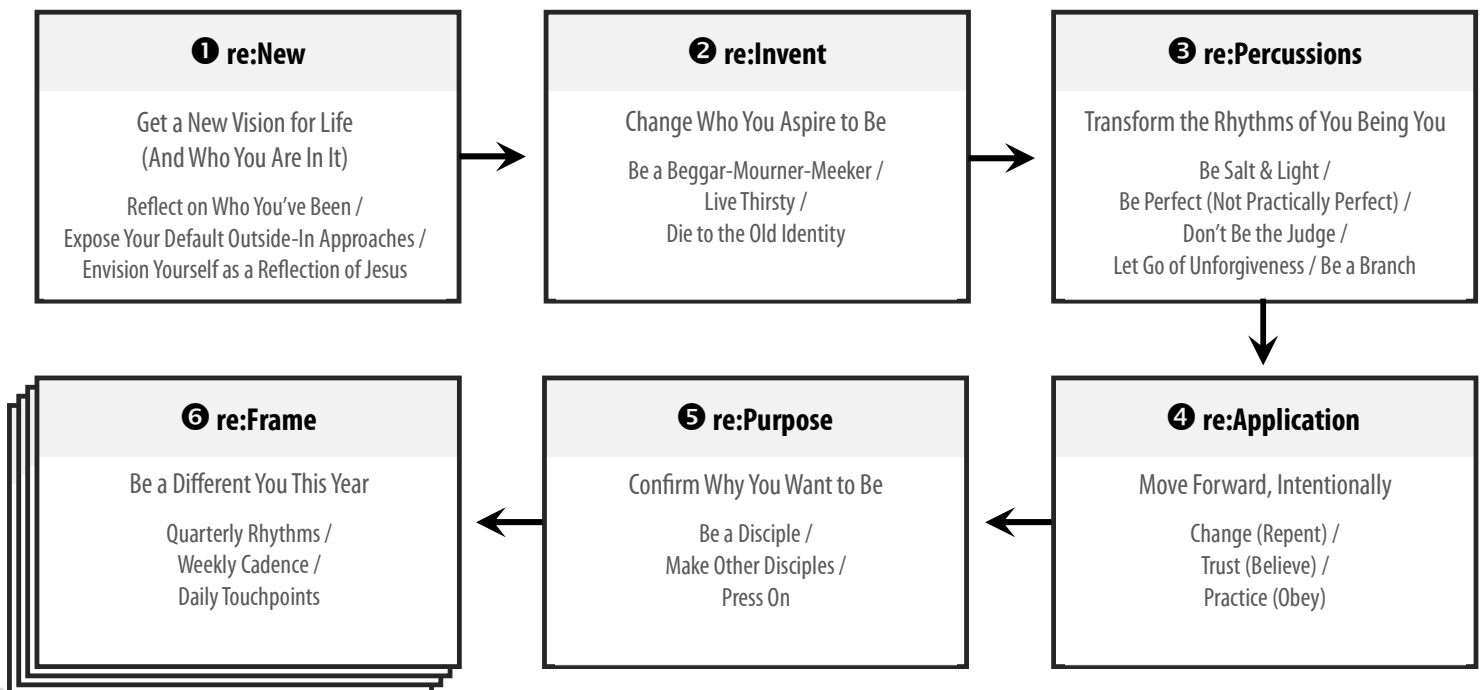
For Are You Who You Want to Be

*A Pathfinder to Discover Your Identity
and Fulfill Your True Purpose*

The Identity Mapping Process

The identity mapping process is laid out as an annual plan, so that once a year you can dedicate time to forming your identity in concert with God. How you go about it will be up to you, whether you set aside an hour or a whole day. Either way, I encourage you to spend time in prayer and meditation before starting, asking God to help you focus and to see yourself truthfully through his eyes. I also encourage you to use the CTP items at the end of each Step in *The Field Guide* to help bring clarity to this plan.

Here's an overview of the process:



Note: This is a 4-step process, designed to occur over a year's time. It starts with a focus on applying your Jesus-like identity for the first 3 months, then allows for a review and re-adjustment each quarter.

1 re:New — *Get a New Vision for Life (And Who You Are in It)*

REFLECT – Over the last 12 months, take stock of my roles and relationships, influences and associations (see list on page 12 in *The Field Guide*), and the self-talk about my identity that I dwell on or believe.

Capture any thoughts you notice here

EXPOSE – Let all my Outside-In approaches be revealed: the times I’ve defined myself by my goals, successes or failures, or by my effort and intentions; my tendency to let the things in my environment or relationships and the opinions/actions of others define me.

Capture any thoughts you notice here

ENVISION – Knowing that God sees me as a reflection of Jesus, what will I choose to see when I think of myself, who I am at my core being?

Capture any thoughts you notice here

KNOW – While “surrender” of my identity is a singular, point-in-time decision, applying it is an ongoing process. I will surrender initially, only to realize that as I live it out, I’ll always become aware of more aspects of my identity to surrender. This is normal, and should be expected. The enemy doesn’t give up his hold on my identity easily. Don’t be discouraged.

2 re: Invent — *Change Who You Aspire to Be*

REMEMBER – Who I am is not an identity made in this world, so no part of this world can define me. I was created to need God and depend on him for everything. I want God to define me, not just help me do my own will.

BE A BEGGAR-MOURNER-MEEKER (see page 48 in *The Field Guide*) – What does it look like for me to pursue (as Jesus did) an identity not made of this world? Which of Jesus’ beggar-mourner-meeker identity qualities do I most aspire to be my own?

Capture any thoughts you notice here

LIVE THIRSTY – If I were to paint a picture of myself as being completely dependent upon God, what does that look like—and how comfortable am I with it? What areas of life frustrate me because I haven’t yet “arrived” (to my expectations)?

Capture any thoughts you notice here

DIE TO MY OLD IDENTITY (RIP) – What would the flow of my life look like if I intentionally took my design for my identity off the table and replaced it with God’s design? Is Jesus one of the things in my life, or is he my life?

Capture any thoughts you notice here

COMMIT– If I want to be a “new creation” (2 Corinthians 5.17), I have to consider my old identity as dead. RIP.

3 re:Percussions— *Transform the Rhythms of You Being You*

REMEMBER – God designed for his love to be my most identifiable characteristic, which cannot be produced by any sub-Standard religious construct built around a belief in myself rather than in God. These constructs appoint me as a judge over those whom God has given me the opportunity to love and to demonstrate justice, mercy and faith. They will not account for all the wrongs and offenses done to me—or by me toward others. The only way for God’s love to be my most definable characteristic is to see myself as a branch that is connected to the vine that is Jesus. His love then becomes the fruit of all my life’s efforts and intentions.

ENVISION – What will my life look like in the coming year if I take a significant step toward love being my most identifiable characteristic? Toward abandoning my attempts at practical perfection? Toward releasing others from my judgment and unforgiveness? What will it look like for me to be a branch (and nothing more)?

Capture any thoughts you notice here

IDENTIFY – What parts of my identity most need to be transformed in the coming year so that I will be more of who I see from the preceding question? What parts of my Outside-In, sub-Standard religious approaches are keeping me from understanding God’s perfection—and his perfection of me? What’s driving me to judge others? What’s preventing my forgiveness of others (or of myself)? What part of me still believes that what I do and/or produce makes me who I am in God’s eyes? What will it take to embrace the truth that my connection to Jesus is what God uses to bear his fruit through me?

Capture any thoughts you notice here

4 re:Application — *Move Forward, Intentionally*

REMEMBER – Unless I choose to A) change, B) trust God and C) put that change and trust into practice, I will always default back to my old Outside-In approaches. I will use my CTPs from each step in *The Field Guide* to help me summarize how I will focus my efforts and prayers toward applying my new Jesus-like identity.

CHANGE (REPENT) – Based on my responses in the first 3 parts, what are the 1-3 changes that I will address in the coming 12 months to be the reflection of Jesus that God designed me to be?

Capture any thoughts you notice here

TRUST (BELIEVE) – What truth (new or old) am I actively trusting in, as my foundation to stand on?

Capture any thoughts you notice here

PRACTICE (OBEY) – What will I do to ensure that the CHANGE and TRUST items above will become a reality in my life, and what new behaviors and habits will support this transformation toward a Jesus-like identity?

Capture any thoughts you notice here

5 re:Purpose — *Confirm Why You Want to Be*

REMEMBER – Being like Jesus doesn't mean going to church and calling myself a Christian. Instead, it means being a witness to my identity being transformed into a reflection of Jesus and then telling others about it. After all, there's an unredeemed piece of God's story according to my exact design that's waiting to be written and talked about.

BE A DISCIPLE – What does being an identity transformation eyewitness look like for me? How can being a witness impact the roles I play, my key relationships, how I do my job, parent my children, interact with my friends, etc.?

Capture any thoughts you notice here

MAKE DISCIPLES – Knowing that Jesus' final instruction for every one of his followers was to "Go, and make disciples," what does it mean to me to know that God designed me to help others discover their unique identity in Jesus?

Capture any thoughts you notice here

PRESS ON – What accountability do I need to keep going and not get discouraged? Who will I ask to join me on my identity journey, and how can we support each other along the way? How will we know if we begin to drift or lose momentum?

Capture any thoughts you notice here

6 re:Frame — *Be a Different You This Year*

REMEMBER – Successful change requires intentionality and some kind of method so that my good intentions don't get lost in the noise of life. This section will allow me to live out 1) quarterly rhythms, 2) at a weekly cadence, 3) using daily touchpoints.

KNOW – This is just a tool to help keep me engaged. The real impact comes from the relational interaction with God, not in the execution of the tool. I won't be discouraged when the outcomes aren't what I expected because I'm learning and growing.

QUARTER 1 DATES: From _____ To _____

QUARTER 1 RHYTHM EXPECTATIONS – How will I know my CTP items (from **4 re:Application**) are making a difference? What outcomes will I be looking for (and what will I do when they don't match my expectations)? What adjustments will I make? Who will I include in the conversation to get support and accountability? Schedule the Check-In dates on my calendar.

Capture any thoughts you notice here

WEEKLY CADENCE – How will I adjust my weekly life and schedule this quarter to support my CTP commitments?

Capture any thoughts you notice here

DAILY TOUCHPOINTS – What new regular habits will I establish in this quarter to stay engaged on my CTPs?

Capture any thoughts you notice here

For the rest of the year, you'll check in every 3 months to adjust your steps on your identity journey (start on page 8 three months from now).

6 re:Frame — *Be a Different You This Year (Quarter 2)*

KNOW – Fill out this page 3 months after your first quarterly focus (on page 7).

REMEMBER – This is just a tool to help keep me engaged and help me to live out my identity 1) in quarterly rhythms, 2) at a weekly cadence, 3) using daily touchpoints. The real impact comes from the relational interaction with God, not in the execution of the tool. I won't be discouraged when the outcomes aren't what I expected because I'm learning and growing.

QUARTER 2 DATES: From _____ To _____

QUARTER 1 REFLECTION – Looking back on QUARTER 1, what did I learn about myself? What became apparent as I focused on being who I wanted to be? What felt like a victory or a step forward? Where did I struggle?

Capture any thoughts you notice here

QUARTER 2 RHYTHM EXPECTATIONS – How will I know my CTP items (from **4 re:Application** and from **QUARTER 1 WEEKLY CADENCE**) are making a difference? What outcomes will I be looking for (and what will I do when they don't match my expectations)? What adjustments will I make? Who will I include in the conversation to get support and accountability? Schedule the Check-In dates on my calendar.

Capture any thoughts you notice here

WEEKLY CADENCE – How will I adjust my weekly life and schedule this quarter to support my CTP commitments?

Capture any thoughts you notice here

DAILY TOUCHPOINTS – What new regular habits will I establish in this quarter to stay engaged on my CTPs?

Capture any thoughts you notice here

6 re:Frame — *Be a Different You This Year (Quarter 3)*

KNOW – Fill out this page 3 months after your second quarterly focus (on page 8).

REMEMBER – This is just a tool to help keep me engaged and help me to live out my identity 1) in quarterly rhythms, 2) at a weekly cadence, 3) using daily touchpoints. The real impact comes from the relational interaction with God, not in the execution of the tool. I won't be discouraged when the outcomes aren't what I expected because I'm learning and growing.

QUARTER 3 DATES: From _____ To _____

QUARTER 2 REFLECTION – Looking back on QUARTER 2, what did I learn about myself? What became apparent as I focused on being who I wanted to be? What felt like a victory or a step forward? Where did I struggle?

Capture any thoughts you notice here

QUARTER 3 RHYTHM EXPECTATIONS – How will I know my CTP items (from **4 re:Application** and from **QUARTER 2 WEEKLY CADENCE**) are making a difference? What outcomes will I be looking for (and what will I do when they don't match my expectations)? What adjustments will I make? Who will I include in the conversation to get support and accountability? Schedule the Check-In dates on my calendar.

Capture any thoughts you notice here

WEEKLY CADENCE – How will I adjust my weekly life and schedule this quarter to support my CTP commitments?

Capture any thoughts you notice here

DAILY TOUCHPOINTS – What new regular habits will I establish in this quarter to stay engaged on my CTPs?

Capture any thoughts you notice here

6 re:Frame — *Be a Different You This Year (Quarter 4)*

KNOW – Fill out this page 3 months after your third quarterly focus (on page 9).

REMEMBER – This is just a tool to help keep me engaged and help me to live out my identity 1) in quarterly rhythms, 2) at a weekly cadence, 3) using daily touchpoints. The real impact comes from the relational interaction with God, not in the execution of the tool. I won't be discouraged when the outcomes aren't what I expected because I'm learning and growing.

QUARTER 4 DATES: From _____ To _____

QUARTER 3 REFLECTION – Looking back on QUARTER 3, what did I learn about myself? What became apparent as I focused on being who I wanted to be? What felt like a victory or a step forward? Where did I struggle?

Capture any thoughts you notice here

QUARTER 4 RHYTHM EXPECTATIONS – How will I know my CTP items (from **4 re:Application** and from **QUARTER 3 WEEKLY CADENCE**) are making a difference? What outcomes will I be looking for (and what will I do when they don't match my expectations)? What adjustments will I make? Who will I include in the conversation to get support and accountability? Schedule the Check-In dates on my calendar.

Capture any thoughts you notice here

WEEKLY CADENCE – How will I adjust my weekly life and schedule this quarter to support my CTP commitments?

Capture any thoughts you notice here

DAILY TOUCHPOINTS – What new regular habits will I establish in this quarter to stay engaged on my CTPs?

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